

# SUPERGIRLS!

**SOCIAL SKILLS GROUP ~ GRADES 3-5**

**MONDAYS @ 5:00PM**

**Fun Activities ~ Discussion ~ Games**

**SuperGirls helps girls learn important concepts and skills that are essential to navigating the social world. Along the way, they will build social confidence and learn how to have positive relationships with others, especially peers.**

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**Kelley Bolton Psy.D.**



**S O U T H E A S T  
P S Y C H**

## **Topics Include:**

- **social thinking**
- **conversations w/ peers**
- **active listening**
- **friends and frenemies**
- **flexible thinking**
- **self-control**
- **working with others**
- **being a host & a guest**

**Contact Lindsay Stewart  
to register**

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