



# College Compass

## Parent Support Group

This is a 4-week group for parents of college freshmen. Each week we will briefly highlight one key skill for a successful transition to college followed by open-topic group discussion.

**Thursdays**  
**6:00 - 7:00pm**

September 18<sup>th</sup> - Interpersonal skills

September 25<sup>th</sup> - Boundaries and safety

October 2<sup>nd</sup> - Executive functions

October 9<sup>th</sup> - Life skills

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**\$65/session**

**\$250 for all 4 weeks**



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