

PEERS®

SOCIAL SKILLS GROUP FOR ADOLESCENTS (AGES 14-18)

PEERS (Program for the Education and Enrichment of Social Skills) is an evidence-based social skills program for motivated teens who want to feel equipped to navigate social situations, make friends, and maintain relationships.

At the beginning of each session, parents will be introduced to the lesson for week and receive guidance for helping their teen practice his or her skills outside of group.

**Parent participation is required.*



TUESDAYS 6:00 - 7:15



Kelley Bolton, Psy.D.

TOPICS COVERED:

- STARTING AND MAINTAINING CONVERSATIONS
- CHOOSING FRIENDS
- USING HUMOR
- PLANNING ACTIVITIES
- SPORTSMANSHIP
- NAVIGATING CONFLICT
- REJECTION, RUMORS, & BULLYING
- AND MORE...

To register, contact Lindsay Stewart
lstewart@southeastpsych.com



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