

Emotions in Children:

- Helping Children Understand and Express Feelings
- Coping with Separation and Divorce
- Emotional Regulation
- Understanding and Managing Self-Injurious Behavior
- Resilience in Children

Marriage and Family:

- Relationship Resilience:
Building a Stronger Marriage
- Improving Marital Communication
- Helping the Helper:
Care Giving for Aging Parents
- Divorce Etiquette
- Helping Children with Divorce
- Teenage Sexuality

Personal Growth:

- Spiritual Growth in the Midst of Suffering
- Living Well As a Single Adult
- Small Group Leadership Training
- Techniques for Improving Self-Esteem (in all ages)
- Discover Your Strengths
- Forgiveness



S O U T H E A S T
P S Y C H O L O G I C A L
S E R V I C E S

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To arrange for one of our clinicians to speak to your organization, please contact
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Speakers Bureau



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Our clinicians have expertise and specialties in a range of areas and we would welcome the opportunity to speak to your organization. Presentations can be tailored to the needs of your group.

Psychological Disorders:

- Introduction to ADHD
- Diagnosis and Treatment of ADHD
- Anxiety Disorders
- Depressive Disorders
- Autism and Asperger's Disorders

Social Skills:

- Social Skills for the "Out of the Box" Child
- Social Skills in Children and Adolescents

Parenting:

- Parenting from Strength: How to be the Boss and Have Your Kids Love It
- Divorce and Its Effects on Kids
- Parenting and Effective Discipline
- Parenting Style and How It Affects Children's Self-Concepts
- What's Your Parenting Style?
- Communicating With Your Teen
- Raising a Healthy Adolescent
- What to Expect From Your Teenager
- Helping Your Anxious Child
- Preparing Teens for Transition After High School
- Ex Etiquette: Co-parenting Through a Divorce
- Parenting the Millennial Generation

Testing:

- Understanding Educational Testing
- Understanding ADHD Testing
- Understanding IQ Testing
- What is Psychological Testing?
- Interpretation of Psychological Reports for Teachers
- Interpretation of Myers-Briggs

School-related concerns:

- Interventions for Troublesome Classroom Behaviors
- Emotional and Behavioral Issues Related to Attending School
- Behavior Management strategies
- Bullying
- Teen Sexuality and Peer Relationships

Learning:

- Learning Disorders
- Academic Performance Enhancement (time management, procrastination, examination anxiety, learning strategies)
- Auditory Processing Problems
- Coping During the College Admission Process
- Preparing ADHD Students for College

Eating Disorders:

- Prevention of Eating Disorders
- Managing Juvenile Diabetes

Disabilities:

- Working with Individuals with Disabilities
- Coping with Chronic Illness
- Learning a New Motto: Adapting to Post Polio Syndrome
- Working with Individuals Who are Deaf or Hard-of-Hearing

Sports Psychology:

- Managing Anger in Sports
- Managing Anxiety in Sports
- Maximizing Performance in Sports

