

GROUPS AT SOUTHEAST PSYCH

ASPIE GIRLS GROUP

Calling all girls with Asperger's between ages 14 and 18! If you're looking for friendship, life skills, and the chance to have fun with other girls like you, then this group is for you. This group is also open to non-Aspie girls. You'll have the chance to talk with others who have gone through many of the things you've run into including bullies, feeling lonely, and being anxious or frustrated about life. You will also learn some of the following:

- How to make friends and keep them
- Ways to cope with stress
- Tricks for communicating with others effectively
- How to deal with mean girls and bullies, and
- Ways to have fun and embrace who you are

Tuesdays 6-7 p.m. May 4-June 29, 2010

*First and last sessions are for parents only
\$50 per session

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SOUTHEAST
PSYCH



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**To Reserve
your spot call Lisa
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HIGH SCHOOL GIRLS

