

ANAD-Eating Disorder Support Group

Groups at Southeast Psych!

This support group is for people that struggle with eating disordered behaviors currently or in the past. The group will provide education about eating problems and how to live a healthy life. Members will also have the opportunity to support one another through their shared experiences.

This group will meet at our Blakeney location at 6:00pm, the 2nd and 4th Mondays of the month

December 13th & 27th

January 10 & 24th

February 14th & 28th...etc.

Free of Charge!



S O U T H E A S T
P S Y C H

LAUREN KING



HEIDI
LIMRUNNER

Space is limited,
so please RSVP
(704) 970-4791
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